

DANCEWORKS DEVON



Danceworks Devon is owned and managed by Rob and Pauline Mason who strive to ensure that all dancers from beginners on our courses to regulars at our dances and social events get the most from their dancing.

You can keep up to date with the latest news and events at Danceworks Devon by visiting our website www.danceworksdevon.com join our Facebook page, see the leaflets in the studio, or call the studio on 01626 365112

To introduce new dancers to the scene we have produced these answers to frequently asked questions.



What do we wear for dance class?

**UNDER NO CIRCUMSTANCES SHOULD LADIES OR GENTS BOOTS BE WORN ON THE DANCE FLOOR.
PLEASE ENSURE THAT YOUR SOLES OF YOUR SHOES ARE CLEAN BEFORE YOU START DANCING.
WHENEVER POSSIBLE PLEASE CHANGE FROM YOUR OUTDOOR SHOES TO SHOES FOR DANCING.**

Please wear comfortable clothes that you will feel free and confident to move in. We recommend wearing supportive shoes with soles that will move freely on the dance floor, preferably no sling backs or backless shoes. Trainers, boots and flip flops are not suitable for Ballroom and Latin American dancing, and any footwear with metal edges or nails that will damage the dance floor should not be worn. Please do not wear shoes with soles that leave black marks on the floor.

You might eventually like to purchase a specialist dancing shoe from our extensive range. It is amazing how much difference a well-fitting dance shoe can make! The advantages of dance shoes are that they are light; the suede soles allow your feet to glide without being slippery on the floor or awkward on the turns.

Do we need to practice away from the classes?

There is no curriculum laid down for practice, but the old maxim "practice makes perfect" does apply and practicing between lessons will help you improve more quickly and achieve more from the course or lessons.

Where can we practice the dance figures we are learning in class?

With the Latin American dances, Rumba, Cha Cha Cha, Jive, Salsa, most people can practice at home by pushing back the furniture and rolling up the rug. Ballroom, such as Waltz, Slow Foxtrot, Quickstep and Tango are dances which progress around the ballroom and require more room for practice. But remember, we host weekly practice dances as well as social events specifically to give you the chance to practice and get used to dancing amongst other couples

We have missed one or two classes; will this be a problem?

Most couples soon catch up as we re-cap frequently during the course. Sometimes a private lesson will help to ensure that you are "up to speed", please ask for details.

I am very self conscious and worry that others will be watching my dancing.

There is really no need to feel self conscious. Dancers tend to be very friendly and supportive to each other and are usually more concerned with getting their own dancing correct.

The Studio has dances and social events but we are still at the beginners stage; will we be welcome at the socials and be able to dance with more experienced people?

You can rest easy on this; experienced dancers recognize that we all have to start somewhere and they will have developed the "floor craft" to easily dance amongst less experienced couples. As long as you follow the basic rules of dance etiquette listed below you will soon enjoy dancing with other couples and eventually find yourself extending the same consideration to beginners. Of course, it is all good practice for improving your dancing.

What should I wear for Social dances?

We don't have rules for what to wear. It's your choice depending on the style of the event. For practice dances and socials comfortable smart casual is the norm, but for "specials" like a Black and White Ball, Valentines Night, etc. there is the chance to dress up and enjoy adding to the sense of occasion. For certain events, such as Halloween, you can optionally wear fancy dress.

The Ballroom & Latin American dances taught at Danceworks Devon are:

BALLROOM

Quickstep, Waltz, Slow Foxtrot, Ballroom Tango, Viennese Waltz (progressive dances)

LATIN AMERICAN

Cha Cha Cha, Rumba, Jive, Salsa, Samba, Paso Doble.

Latin dances with the exception of Samba & Paso Doble are danced more or less on the spot and do not progress around the room.

All Progressive dances move around the room in an anti clockwise direction.

ARGENTINE TANGO

Dance etiquette

To ensure that all couples can enjoy sharing the dance floor there are one or two basic rules for safety and comfort.

Always strive to follow the line of dance anticlockwise around the edge of the dance floor.

Never stand talking on the dance floor or walk across the dance floor whilst dancing is in progress.

Give consideration to less experienced couples

We hope you enjoy your dancing with us. Please do not hesitate to ask Pauline or Rob if you have any questions.

Phone 01626 365112 web www.danceworksdevon.com email rob@danceworksdevon.com

**PLEASE SEE THE TIMETABLE OR OUR WEBSITE
www.danceworksdevon.com
FOR FULL LISTING OF ALL DANCE CLASSES HELD AT OUR
EAST STREET STUDIOS.**